



CONSOLIDATED ANANYA REPORT

COMPILED BY
SIDRANA AZ QAZI

SOPHIA COLLEGE (AUTONOMOUS)

DEPARTMENT OF ENGLISH
ANANYA REPORT, 2018 – 2019

Theme for the Year – The Pursuit of Excellence with Integrity.

The Department of English organized a talk as part of the *Ananya* week. The event was organized in collaboration with the Australian Consulate. Mr. Markus Zusak– a renowned writer– was invited on 19th January, 2019 at 1:00 P.M. for an interactive session with the students in the A/V Room. About fifty students attended the session, which was aimed at discussing the art of storytelling and the construction of characters in stories. Mr. Zusak further spoke about the nuances in writing and initiated the students into the layers of a plot in a story. The talk was followed by a conversation where Mr. Zusak answered the various questions presented by the students. He discussed in detail the manner in which he wrote *The Book Thief* – his bestseller and on the ample amount of time spent in editing a novel.

The event was successful, and helped students learn about the various technicalities and steps involved in creating and writing stories.

DEPARTMENT OF BIOCHEMISTRY AND QUALITY ASSURANCE

ANANYA REPORT, 2018 - 2019

As a part of annual Sophia College event “Ananya”, department of Biochemistry and Quality Assurance had organized Ananya’17 “HONOR IT UP - AGAIN!” on Friday, 8th February, 2019 in the central lawn.

Keeping to the annual college theme for the academic year 2018 - 2019 - “The pursuit of excellence with integrity” the Post graduate students of the department of Biochemistry and Quality Assurance batch XXVI organized Ananya “Honor it up- Again !, with Integrity”

Integrity is the quality of being honest and having strong moral principles.

It is more honorable to fail than to cheat.

Integrity –

- **be committed**- set high standards for one’s behavior and stick to them even in difficult situations,
- **be honest**- choose words and action that are sincere, not misleading,
- **be resilient**- learn from mistakes and losses, seize the opportunity to improve,
- **be courageous** - stand up for what you believe is just and good,
- **be disciplined** - remain dedicated and self-controlled even when challenged,

Honor it up comprised of

- competition of fun filled activities for the participants, which were time bound and had to be performed with integrity resisting temptation to cheat,
- fun games for all,
- community kitchen (*Khichdi* 25). A simple nutritious and tasty khichdi was prepared

The venue for ‘Honor it up- Again’ was the central lawn. Dr. Sr. Ananda Amritmahal graced the event by her presence. She shared with the students her thoughts on integrity, it’s importance in one’s daily life, and how it is necessary to be first true to oneself, when value systems are challenged in this fast changing world. She gave the final touches to the *khichdi* which was prepared by the Quality Assurance students.

In order to make the event inclusive for all students and staff, Quality Assurance students had set up various fun games such as Ball Toss, Dangal, Build It Up, Telephone String, Eye like a Spy, Bachpan ke Gaane, Descriptive, Sach ka Samna (friendship) , Chemical Integrity, Twister, Bachpan ki yaadein. Like in the past six years this year also the concept of community kitchen was propagated, so as to provide a nutritious basic meal for everyone under one roof.

Around 200 students from B. Sc, M. Sc and B. A. classes had registered. Each team had to perform a task which was judged. The winners of the competitive events were awarded certificates, medals and prizes.

Reported by Post graduate students of Biochemistry

HONOR IT UP- AGAIN!

Ananya Event Organised by Department of Biochemistry and Quality Assurance





Final touches being given to khichdi 25



Fun games for all- being played by staff and students



Community kitchen- khichdi 25
Simple nutritious food served under one roof for one and all of Sophia family



Reward for the winners



MASS MEDIA DEPARTMENT (BMM)

ANANYA REPORT, 2018 - 2019

This year, the students of the BMM department carried out Ananya activities in phases over the course of six weeks, beginning in the last week of December 2018 and ending in the first week of February 2019.

- Student members of the **BMM Book Club** organised a **collection drive of interesting fiction and non-fiction books catering to young readers** from December 23, 2018 to January 31, 2019. These books were then taken across by the students to the Worli Sea Face Municipal School on February 4, 2019. The Book Club members also engaged in an interactive session with the students of the Municipal School through the process of sharing the books with them.
- **FYBMM students** organised a two-week-long **collection drive of old clothes** from January 12 to 25, 2019. These clothes were then donated to the NGO, Goonj, which uses the under-utilised and excess urban household material to aid rural development across 23 states in India.
- SYBMM students organised “**Sugar Rush**”, a **bake sale** as part of the department’s Ananya activities, on January 16 and 17, 2019, the proceeds of which were donated in the form of gifts to a **daycare centre run by the Smile Foundation in partnership with SHED, Society for Human & Environmental Development**, in Andheri.

DEPARTMENT OF MATHEMATICS AND STATISTICS

ANANYA REPORT, 2018 - 2019

In keeping with the theme “Education: A Celebration of Diversity”, the department of Mathematics and Statistics organized “**Studo- Ludo with a twist**” on January 24, 2018 in room no 11. Two rounds were conducted- an elimination and a final round. Students were asked to form a team of minimum two members. In the first round, each team had to answer 6 questions in 10 minutes. The top four teams with minimum time and maximum correct answer proceeded to the next round. In the final round, the teams had to play with the ludo board (which was prepared by SYBA volunteers). Each team had to answer four questions correctly in 10 minutes. For every right answer the team moved 3 steps ahead. For an incorrect answer the team remains stationary. Along with the participant’s mathematical and statistical skills, the game tested their logic, presence of mind and patience. The questions were based on statistical and mathematical concepts and logical reasoning questions. The winning teams were congratulated and given prizes. All the participants and volunteers received certificates for their efforts and participation.

DEPARTMENT OF PHYSICS

ANANYA REPORT, 2018 - 2019

As an Ananya Event students presented a working Model Exhibition under Star College Scheme, on 28th February, 2018 to celebrate 'Science Day' in Canteen Extension.

The names of models were

1. Heater & Lemon Generator
2. Hydraulic Controlled Robot
3. Amorphous Structure
4. Projector etc

Through this activity students were given an opportunity to increase their overall understanding and concepts in physics. Their leadership skills, team work and creativity were also enhanced by this activities.

DEPARTMENT OF HISTORY

ANANYA REPORT, 2018 - 2019

The Department of History organised a Poster Exhibition of World War I to commemorate the Centenary of the end of the First World War. The event was held on two days viz. 24th and 25th January 2019. The exhibition was organised with the help of the SYBA History students. It included information on the role played by Indians and Women in the war. Three of them took visitors around the exhibition and drew their attention to some of the main events and photographs, as well as explaining them. Poppies made by the students were given to visitors to pin it next to the picture of Tyne Cot Cemetery, the largest Commonwealth War Graves Commission cemetery in the world.

Staff and students of all faculties visited this exhibition and appreciated it.



Swarupa Kamat and Dr. Rashna Poncha

DEPARTMENT OF POLITICAL SCIENCE

ANANYA REPORT, 2018-19

Faculty Members: 1) Dr. Paul Rozario, Head of the Department.

2) Ms. S. Shaikh (June to November 2018)

3) Ms. Pooja Tolia (November 2018 to May 2019)

Seminars, Guest Lectures, Workshops & Events Organised

Dr. Paul Rozario, the Head of the Department organised a Guest Lecture on “Leadership : Navigating your North” by Prof. Ms. Elizabeth Evelin George, St. Francis Institute of Technology on August 8, 2019 from 9.40 to 11 am in the AV Hall. Students of the SYBA Foundation Course Division I, II, & III were also invited.

Dr. Paul Rozario organised a Guest Lecture on ‘Effective Communication Skills’ by Dr. Tina Chakravarty, Faculty of BMM Department, Sophia College, on September 18, 2018 from 11.30 to 12.30 am in Room 10.

Dr. Paul Rozario organised a Guest Lecture on “ Cyber Radicalisation : Threats and Challenges”, by Mr. Sameer Patil, Director, Centre for International Security on September 19, 2018 from 9.30 to 10.30 am in the AV Hall. Students of the SYBA Foundation Course Division I, II & III were also invited.

Dr. Paul Rozario in association with Department of Sociology organised a Workshop on “Preparing for UPSC Examinations” by Mr.D.S. Chouhan, CEO, IdeaLabs, on September 25, 2018 from 11.30 to 12.20 in the AV Hall.

Dr. Paul Rozario in association with the Department of Hindi and the Bank of Baroda organized a Workshop on Women’s Entrepreneurship: Careers in Hindi by Ms.Pallavi Singh - Hindi Perceptor and Culture Enabler, on October 8, 2018 from 10.30 am to 12.30 pm at the Convention Centre.

Dr. Paul Rozario in association with the event organisers of the India Unites Convention on Non Violence and Harmony organized a Public Guest Lecture on “Non Violence and Secularism” by Ms. Rajni Bakshi, Gandhi Peace Fellow, Gateway House, and Dr. Irfan Engineer, Director, Centre for the Study of Society and Secularism, on January 29, 2019, from 11.30 am to 1pm in the AV Hall. Students of the SYBA Foundation Course Division I, II, & III were also invited.

Paper Presentations/ Book Reviews:

Dr. Paul Rozario presented a Book Review of Shyam Saran’s “How India sees the World” on October 24, 2018 from 5 to 6 pm at the Nehru Centre. SYBA students of the Department: Arushi Thapar and Ayesha Jalil, participated in the Question and Answer Session.

Visits:

Dr. Paul Rozario organized a visit of Gandhism (Applied Component - offered by the Department of Political Science) students to the Nehru Centre Library and India Exhibition at Nehru Centre on February 7, 2019 from 4 to 5 pm. This was followed by two Gandhism students, guided by Ms.Pooja Tolia, presenting brief Book Reviews of Prof. Usha Thakkar's "Gandhi in Bombay" after the Book release by the Author from 5.30 to 6 pm.

External Exam Evaluation & Paper Setter:

Dr. Paul Rozario was the Second Evaluator for the Political Science Papers IV, V, & VI of the Department of Political Science at Jai Hind College, Churchgate on October 26, 2018.

Dr. Paul Rozario was the Second Evaluator for the Political Science Papers IV, V, & VI of the Department of Political Science at Jai Hind College, Churchgate on 23 April, 2018.

Dr. Paul Rozario was the Paper Setter for the University of Mumbai for Semesters V & VI for TYBA Political Science Paper IV March 2019

Vice Chancellor Nominee- Subject Expert:

Dr.Paul Rozario was the Vice Chancellor Nominee in the Board of Studies Meeting of the Department of Political Science at Jai Hind College, Churchgate on 28 September, 2018.

Dr.Paul Rozario was the Vice Chancellor Nominee in the Board of Studies Meeting of the Department of Political Science at Jai Hind College, Churchgate on March 29, 2019.

DEPARTMENT OF MICROBIOLOGY

ANANYA REPORT, 2018-19

- The first activity undertaken by the department was the screening of the sci-fi film “The Martian”. This film tells the gripping tale of human strength and will to survive. It dealt with the travails of American astronaut Mark Watney, who, during a mission to Mars, is presumed dead and left behind by his team. Against all odds, he finds a way to contact Earth, survive hostile Martian conditions, and also devise a way to farm so that he has some form of sustenance until help is available. (Screening on: January 30, 2019)

The purpose of showing the film was to bring home the idea that endurance, intelligence, industry, ingenuity and persevering hope are the ingredients for the magic cocktail for success, or, even survival, as in the film. The students expressed appreciation of the film and so it is to be hoped that the message we wished to convey was delivered.

- The second Ananya activity was conducted by Departments of Psychology and Microbiology on 25th February 2019

This session was a collaborative venture between the Departments of Psychology and Microbiology under the DBT Star College Scheme. The session on “LGBT- the psychological perspective”, on the 25th of February began with the background and credentials of the speaker, Psychologist Miss Jagruti W. As a part of Sneha and the Institute for Psychological Health’s LGBTQ Therapy group, Sahas, in Thane, she was someone who had worked with many people in the LGBT Community in Mumbai and Thane, and was incredibly knowledgeable about the stigma and the hardships they face on a daily basis.

The presentation began with a basic introduction to certain terms, common misconceptions, and a general introduction to the stigmatization of the LGBTQIA+ community both in and outside the field of psychology. Certain terms (For Eg: Sex, Gender Identity, Cissexual, Asexual) were explained in detail to the audience, through the innovative use of the “Gingerbread Person” Model.

The session was interactive, and many questions were posed to the audience by the presenter and vice-versa. All questions were answered promptly by the speaker. An interesting part of the session continued with the speaker’s focus on Asexuality, in the psychological perspective, which is a topic often avoided even within the LGBTQIA+ community itself.

Some short videos made by the LGBTQIA+ Community in India were shown to the audience, as well as some guidelines as to dealing with queer people as a professional, an

acquaintance, and as a friend or family member. The session was concluded with a question-answer session, and additional information about the LGBTQIA+ support group at IPH, Thane.

It was a truly enriching and enjoyable session for all the members involved, and will continue to help students, future mental health professionals, and people - to learn more about the people we may initially perceive as different from us.

DEPARTMENT OF LIFE SCIENCES AND EDUCATION

ANANYA REPORT, 2018-19

This event was jointly organized by the department of Life Sciences and Department of Education. The third year students of Life Sciences and Education participated in the event. The focus of the event was to create an awareness of the distress experienced by farmers of our country, in this event the students focused on the drought scenario of Maharashtra. They traced the district wise grim picture of our state farmers. This was followed by associating the type of cropping form these districts and the input cost for the cultivation of the crop. The students represented the data of the crop cultivated, produced and water requirements for the same.

Based on the type of crop affected the students selected those ingredients in preparing nutritious food snacks and sold them at the canteen extension.

Dr. Madhavi Kaji was the special invited judge for the Life Sciences even as to understand the relevance/sensitivity of environmental issues represented as this was to be included as a part of extra academic assignment. She was impressed by the sincerity of the students in collecting the information and representing them at the event. She specially praised the presentation by Ms. Tanisha about her colourful representation of the Maharashtra map and drought affected districts.

The event attracted a lot of students and the sale of the food snacks.

The students of both the departments collected a total amount of rupees 5870/- .The amount was donated to an NGO based in Nashik “Snehvan” that supports the orphans of farmers from Maharashtra who committed suicide.

The students were excited about the fast sale of their food preparations at the event and achieved a sense of satisfaction in sensitizing the issue of precious food produced by the farmers,our dependence on them, and the scenario of their current stressful conditions.

