

Ananya Consolidated Report 2021 – 2022

DEPARTMENT OF CHEMISTRY

Date: 04/12/21

Time: 3:00 p.m - 6:00 p.m

Platform: Zoom

On the occasion of Ananya 202-2022, Chemistry department, Sophia College (Autonomous), organised a webinar on “Nanoscience, Environment and Energy - From a chemists’ perspective” and “Nobel Laureates who have changed our world: perfect examples of hope, courage and resilience” in collaboration with Royal Society Chemistry-West India Section. The guest speakers for the webinar were Professor Deepa Khushalani and Dr.Prabodh Chobe respectively.

Prof. Deepa Khushalani is currently a professor in Materials Chemistry at TIFR. Prof.Deepa started out the program by giving an enlightening talk about Nanoscience. She talked about uses of nanoparticles for a sustainable environment. She gave a gist on the project she is currently working on which gave the listeners a new perspective on alternative use of energy. The session culminated with people coming forward with quite a few questions for the speaker.

The platform was shared with Dr.Prabodh Chobe who is currently working on popularising Science in India, across colleges and schools, spreading Innovation culture and making their students employable. Dr.Chobe gave the audience an insight on the lives of many Nobel Laureates . The theme of the year for Sophia college being hope, resilience and courage Dr. Prabodh Chobe words won the audience’s heart.

The webinar was well received with approximately 100 participants both staff and students of Sophia college.

All participants were awarded a certificate of attendance.

DEPARTMENT OF ENGLISH

Online Writing Workshop in collaboration with Leveraged Writings

For Ananya this year, the Department of English collaborated with a publishing house called Leveraged Writings to organise an online writing workshop for students of Communication Skills, Mass Communication, and English (FYBA, SYBA, TYBA), from February 22 – 25, 2022.

An induction programme was held for the participants on February 22. The editor of the group along with an intern explained the topics to the students and answered their questions. Students were asked to submit their articles to the team on February 23. A feedback session was held for the students on February 25.

DEPARTMENT OF HISTORY

“Life As They Knew It: Stories of India's First Citizens”

As a part of the intra-college event “Ananya”, the History Department of Sophia College (Autonomous) organised an online talk titled *Life As They Knew It: Stories of India's First Citizens* by Ms Malvika Bhatia on the 21st of February at 4pm. The guest lecturer is the Archive Director at the Citizens 'Archive of India (CAI). She spent the early part of her career working in the field of museum and heritage education, as well as building audio guides for historic sites across India and the world. As Archive Director she had started documenting the history of India's independence through interviews of its first citizens. The talk centred around a variety of stories of Indian Citizens born in the pre-Independence era. Stories of the violence of partition, experiences of the Quit India Movement in 1942, and recollections of Indian independence and republic days and how it was celebrated across the country were all recounted. Ms Malvika Bhatia also spoke on ‘Status of Women’, focussing on their struggles to get educated, their role in the freedom struggle and marriage. The recollections of India's first citizens ranged from the humorous to the poignant, highlighting their grief, resilience during the trauma of partition and their hopes, emotions during first few euphoric years of independence. The attendees were shown some images of the interviewees, photos of that period; a few audio and video clips of some of the interviews were played.

Ms Bhatia spoke at some length about the importance of oral history and the process involved in tracing the first citizens, in order to document their stories. She shared personal anecdotes of how such interviews took place and the challenges faced by them. She stressed that the role of an oral historian was that of an ‘archivist’ and not ‘activist’.

The talk, which started exactly at 4pm, lasted about an hour following which a question-and-answer session was conducted, for about the same duration. Students asked a range of insightful questions about the interview process and learned how the historical accuracy of what they learned was determined, how bias or emotion might affect the narrative, how to respect the interviewee, how memory changes over time and so on.

Ms Malvika Bhatia was assisted in this presentation by Ms Harlynn Homan, a Project Manager of CAI. They also spoke at length about what oral history as a career path entails and revealed how their organisation archives and stores the data they collect over time. The session concluded at around 6pm with a formal vote of thanks. The number of student attendees, from FY, SY and TY classes, was over 100.

Given below are some of the comments from the feedback form:

Riddhi Tiwari (FY) *I came in with no expectations because i wasn't sure what the session would be about but by the end of it my mind was blown, it was so wholesome but as paradoxical as it may sound gut wrenching at the same time. Absolutely lovely*

Kainaz Dadachanji (SY) *Every story was so amazing. It was great to hear about all these stories of the first citizens of India. I think most of our grandparents have passed away and I think I did not get the best out of the history of India from the perspective of our loved ones. Thank you so much, the History department of Sophia.*

Sarah Mathai(TY) *This was one of the best talks I attended this year. I think the fact that it was about real people, and the way the speaker brought out the humanity of each person they interviewed...that stuck with me*

Supriya Gupta (TY) *It showed me the various ways the life have been before, after and ongoing independence of every aspect. It indeed meet your expectations.*

Given below are two images of the event:





Swarupa Kamat and Mayanka Raghunathan.

DEPARTMENT OF POLITICAL SCIENCE

As part of the activities conducted for ANANYA for the academic year 2021-22, the Department of Political Science (in collaboration with the Department of Hindi) conducted a Workshop titled “***Making your own Destiny***” by **Ms.Pallavi Singh** (Hindi Preceptor & Culture Enabler, hindilesssons.co.in., Pallavi Linguistic Services, Ghaziabad, Uttar Pradesh) explaining her personal and professional experiences and elaborating on **Women’s Entrepreneurship and Careers in Hindi**, for our students on **December 18, 2021** online on Zoom from 3.30 am to 5 pm.

It was an amazing learning experience and the participants benefited greatly from the highly specialized knowledge and vast range of skills and expertise, which the Resource Person has honed over the years.

Submitted by
Dr.Paul Rozario,

DEPARTMENT OF ECONOMICS

The Department of Economics organized a Book Discussion Series with two eminent authors, Dr. Sudipta Sarangi and Ms. Puja Mehra, as a part of the college fest, Ananya for the academic year 2021-22. The authors were contacted by the student Tanisq Tiwari. This Ananya event was entirely decided and organized by the SM students Tanishq & Mayuri (CR of class) .The details of the events are listed below:

- The session by Dr Sudipta Sarangi was held on 1st February, on his prominent work, *The Economics of Small Things*. Around 137 students attended the session. The book discussion was presented through PowerPoint Presentation wherein Dr Sarangi connected theoretical aspects of economics to simple daily life events which helped the students to understand even the complex terms like game theory. He used the concept of high late fees charged by the firm to explain price discrimination. He also highlighted the fact that incentives matter, but we should be aware of the unintended consequences. His method of looking at the world from an economic lens made economics approachable even for a layman. The discussion was followed by a Q&A session. The event was successful as the students understood that there is always an invisible hand of economics in our everyday life.
- On 10th February, the second session was held by Ms. Puja Mehra on her book, *The Lost Decade (2008-2018): How India's Growth Story Devolved into Growth Without a Story*. Around 68 students attended the session. It started with a brief introduction by Ms. Puja about her book which was then followed by a Q&A session where students were able to clarify their doubts. In her opinion, it is difficult to say which government is functioning better as the politicians do not consider economic aspects while making the decisions. She also mentioned that if the government structure was such that institutions like RBI had greater autonomy to take decisions, then it would have been a great method to put checks on the politicians. She also pointed out that the reason for India turning into "Fragile Five" economy from miracle economy in a period of mere 24 months was due to increased government spending which resulted in increased inflation, fiscal and current a/c deficit. The event was successful and helped the students to understand the importance of perfect coordination between the government and various sector regulators in an economy.

Head of the Department

Sangeeta Dubey

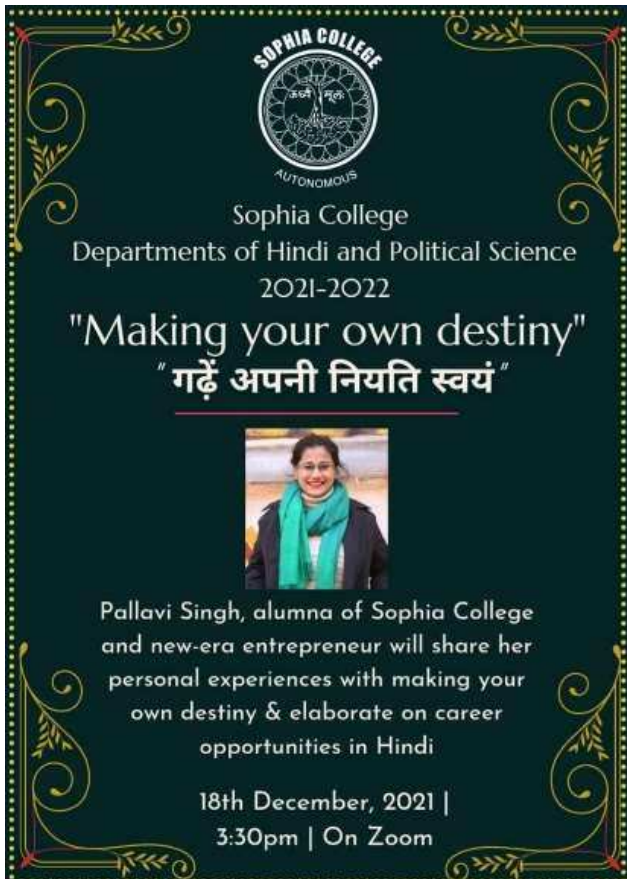
DEPARTMENT OF HINDI

The Department of Hindi in collaboration with the Department of Political Science had organized an online Guest Lecture by Ms. Pallavi Singh, a Sophia College alumna. This session was held on 18th December 2021. Ms. Singh has, over the years, carved a niche for herself as a Hindi tutor, specifically catering to international, non-Hindi speakers. She has not only taught Hindi to foreign students but also to various film personalities and diplomats. Ms. Singh shared her journey with the students of both the Hindi and Political Science departments and also engaged in an extensive and thought-provoking question answer session with them.

The name of the event was “गढ़ें अपनी नियति स्वयं : Making your own destiny”. This lecture was conducted on the Zoom platform. It began at 3:30 pm and went on for more than an hour. Ms. Singh spoke eloquently about the path she had chosen for herself and emphasized that each one of us possesses some or the other skill which we must identify and polish.

Students asked many questions about dealing with social and family pressures and Ms. Singh spoke about negotiating her terms slowly and steadily. She was extremely honest and balanced about all these questions and was also candid about her failures which she felt were her teachers shaping her path.

There were about 150 registrations and the entire programme was conducted by students.



The poster is for an event titled "Making your own destiny" in English and "गढ़ें अपनी नियति स्वयं" in Hindi. It features the Sophia College logo and text indicating it is an event by the Departments of Hindi and Political Science for the year 2021-2022. A small photo of Pallavi Singh is included, along with a description of her as an alumna and entrepreneur. The event date and time are listed as 18th December, 2021, at 3:30pm on Zoom.

SOPHIA COLLEGE
AUTONOMOUS

Sophia College
Departments of Hindi and Political Science
2021-2022

"Making your own destiny"
" गढ़ें अपनी नियति स्वयं "

Pallavi Singh, alumna of Sophia College
and new-era entrepreneur will share her
personal experiences with making your
own destiny & elaborate on career
opportunities in Hindi

18th December, 2021 |
3:30pm | On Zoom



DEPARTMENT OF MICROBIOLOGY

Date: 22nd Jan 2022 Duration: 2:15- 4:45pm

Poster for the Event

The poster is for an online movie screening of 'HELLARO'. It features a central image of a man in a white turban and a group of women in colorful saris. Text on the poster includes: 'Movie screening (Online)', 'OPENING FILM INDIAN PANORAMA INTERNATIONAL FILM FESTIVAL OF INDIA, GOA 2019', '66TH NATIONAL AWARDS BEST FILM 2019 BEST ACTRESS SPECIAL JURY AWARD', 'HELLARO', 'Theme of the year Hope Resilience & courage', 'Organized by Department of Microbiology', 'DATE : SATURDAY, 22ND JAN 2022', 'Time 2:15 pm', and 'PLATFORM : ZOOM Meeting ID: 946 4749 7699 Passcode: 704866'. On the left side, there is a vertical scroll with the text 'An 2 a 0 n 2 y 1 a'. On the right side, there is a vertical scroll with the text 'Theme of the year Hope Resilience & courage'.

Based on the theme of the year HOPE, RESILIENCE & COURAGE, the DEPARTMENT OF MICROBIOLOGY organized an online screening of the movie 'HELLARO'. About the movie Hellaro (2019) was the first Gujarati film to win the National Film Award for Best Feature Film at the 66th National Film Awards. Language: Gujarati (played with subtitles in English) Genre: Drama, Dance Year: 2019 Rating: U/A 13+ Director: Abhishek Shah Actors: Jayesh More, Kaushambhi Bhatt, Shraddha Dangar, Aarjav Trivedi, Maulik Nayak, Tarjane Bhadla, Prapti Mehta, Tejal Panchasara, Shailesh Prajapati, Brinda Trivedi, Kaushambi Bhatt, Kamini Panchal, Firoz Arab, Ekta Bachwani, Jitendra Bagga, Shreyans Bagga, Yash Baru, Parv Bhatt, Atul Gor Storyline: A group of suppressed women from a village in Gujarat, find someone in the desert and their lives are changed forever. Just like the story which is all about women and their courage to challenge the rules, the film belongs to the 12 actresses who overshadow their male counterparts onscreen. The performance of the lead actress who leads the way to take a stand was described as 'captivating'. A simple story told in a powerful way, dialogues that hit you hard and music with a lasting effect were well supported by brilliant performances, good choreography and amazing cinematography. This beautifully made film ended in euphoria, not just on

screen but in the hearts of the student audience as well. A total of 63 viewers were present from start to end of the movie screening. Student participants were asked to fill the feedback-opinion form at the end of the movie commenting on the status of women depicted in the movie, inequality faced by the rural uneducated women and comparing these with their own experiences while living in an urban setting. The film managed to create some touching moments with a deep impact on the student viewers. This was evident from the comments and responses received in the Zoom chat during the screening as well as in the final feedback form. Participation certificates were given to students through online mode. The Google form link for survey is as follows: <https://forms.gle/RzgDMtjcF8k5ZFx9> The feedback response sheet is available on the following [link: https://docs.google.com/spreadsheets/d/1jdAd4cmCnj3bMs9B1aYp8w9pNamy42u0T8eG-YqHais/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1jdAd4cmCnj3bMs9B1aYp8w9pNamy42u0T8eG-YqHais/edit?usp=sharing)

DEPARTMENT OF PHYSICS

As an Ananya activity Department of Physics and Zoology organized a mask painting competition on the theme of our college, 'Hope, Courage and Resilience'. 38 students have been registered for the competition and uploaded their painted mask in the classroom.

Dr. Sumanika Sethi and Dr. Vaishali Pachunde had judged the event and the list of the winners are:

Ms. Lalita Ghintala – 1st winner, Ms. Juwairiyah Kalyankar – 2nd winner, Ms. Anamika Hazari – 3rd winner and Ms. Rinkal Jethwa – Consolation winner.





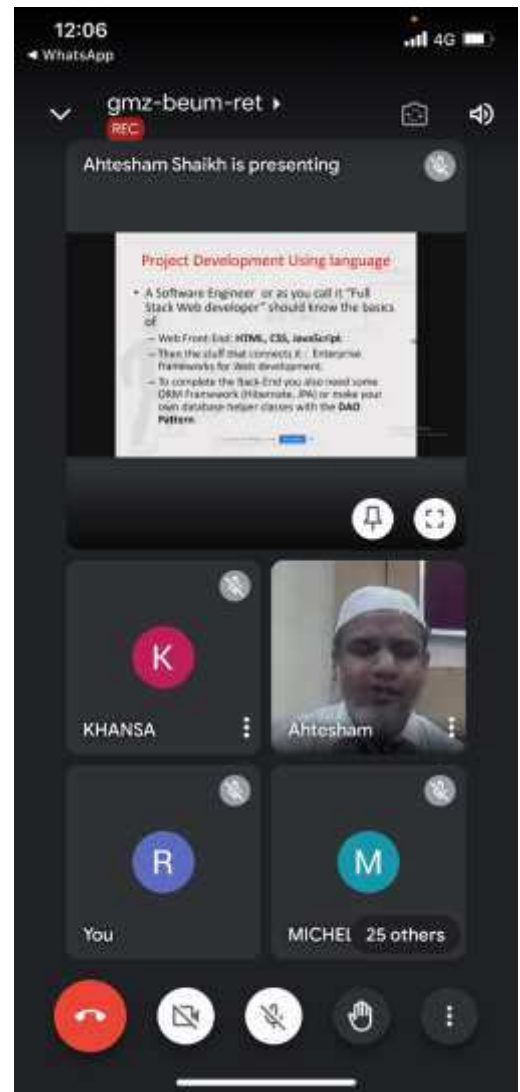
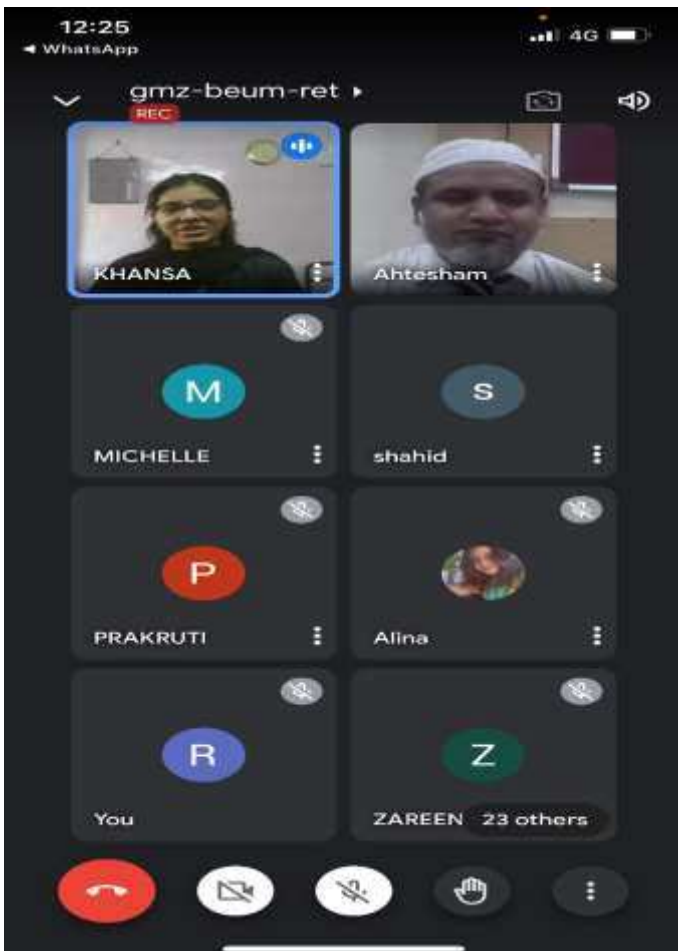
BSC IT DEPARTMENT

As part of the annual Sophia College event “Ananya “, the Department of BSc IT organized Ananya 21, “The mediating role of academic project in career selection and increasing employability skills” on Tuesday, 23rd November 2021 through online mode.

Keeping in mind with the college theme this year, “Hope, Courage & Resilience”, the department decided to conduct a guest lecture on the above topic to motivate the final year students as well give an insight to the other batches as well.

Due to the online mode of teaching, students were facing difficulties in dealing with their final year projects. This session gave an opportunity to our students to speak to an experienced resource person to discuss their project-based learning that not only provides opportunities for students to collaborate or drive their own learning, but it also teaches them skills such as **problem solving**, and helps to develop additional skills integral to their future, such as critical thinking and time management.

This session will also help students to complete their projects successfully and more easily while **producing higher quality output**.




SOPHIA COLLEGE
 AUTONOMOUS

Sophia College Autonomous
Department of B.Sc.(I.T.)
 Organizes
 a Guest Lecture on 23rd November, 2021 at 11.00am
Topic: The mediating role of academic project
in career selection and increasing
employability skills



Resource Person:
Prof. Ahtesham Shaikh
Co-ordinator BSc IT
AP College
MCA MBA NET SET PHD(Reg)

Sponsored by :- RUSA


DEPARTMENT OF PSYCHOLOGY

Intercollegiate Psychology competition - Psynctorum

As part of Ananya, the Psychology Department along with 'Psych Sanctum' the club of the department organised an intercollegiate event on 10th February 2022, which was hosted on the Zoom platform from 4 - 6.30 pm. Twenty nine students of psychology from various colleges across India participated. Participating colleges included Jai Hind College, Christ University Delhi, K.C. College, Hislop College, Jesus and Mary College, D. G. Ruparel College, Mata Sundri College for Women, St. Xavier's College and KC College.

The event began with welcoming the participants and introduction of the theme for the event 'collective consciousness'. This was followed by a short sharing about the club by Divya Jain (an office bearers and a part of the founding team of the Psych Sanctum club) . Our Principal, Dr. (Sr). Ananda Amritmahal graced the occasion with her presence and spoke a few words.

All the participants were assigned names of eminent psychologist to keep their identity and college name anonymous. The event consisted of three rounds starting with a quiz round which had twenty nine participants, of which the top eight participants proceeded to the next round - debate. In the debate round , the participants were divided into two teams and were allotted a topic on the spot. The topic for the debate was: Social Media: A plague to self-esteem in children below 13: myth or fact? The teams were given some time to prepare for the debate in individual breakout rooms. In the meantime the audience were kept engaged in an interactive game of guessing dialogues from comedians and movies.

After both the teams had represented their perspective and the rebuttal round the floor was opened for audience participation and comments. The winning team of the debate qualified for the final round of extempore (Catharsis as a coping mechanism /dreaming : motivating or meaningless). Ms. Ahana Sharma & Ms. Radhika Shanbhag judged the debate and extempore rounds. Sr. Patricia Head, Department of Psychology then



addressed the students. The winner and runner up were then announced and congratulated. The event concluded with a vote of thanks as the evening came to a successful end.



DEPARTMENT OF ZOOLOGY

The department of Zoology and Physics jointly organized the Ananya activity: Online Yoga Session on 2 nd March, 2022 from 5.00 pm to 6.15 pm. Keeping with the theme of Hope, Courage and Resilience, we decided to have an online session on demonstration of very simple asanas that help in bringing about agility and flexibility of the body and soundness of the mind. The resource person was Ms. Latika Sethi from our Junior College, Biology, who in the last few years has explored and tried to understand the physical aspect of life through yoga and meditation. She has been associated with Isha Foundation for various outreach activities directed towards physical, mental and emotional wellbeing. The student volunteers demonstrated the asanas under Ms. Laika's guidance and some of the participants also tried practising these simultaneously. The session was very engaging and has received very good feedback from 59 participants who responded out of the 71 participants who attended the session. The poster of the event is on the next page :



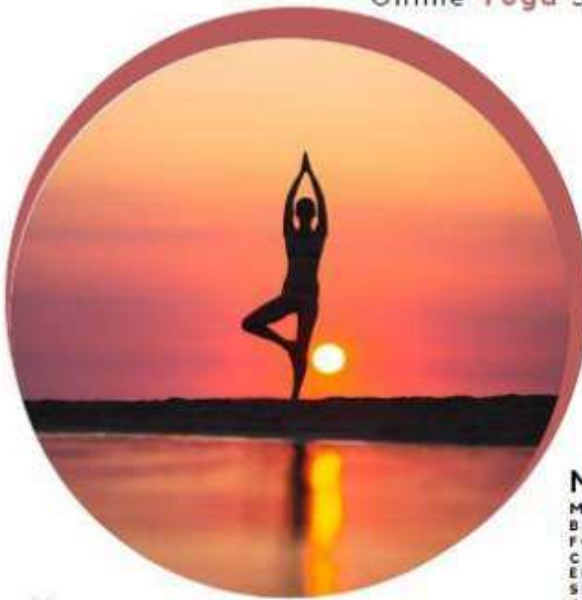
Sophia College, Autonomous

ANANYA 2021-22

Department of Zoology & Physics

presents

Online **Yoga** Session



MRS. LATIKA SETHI

M. SC. B. ED
BESIDES BEING A BIOLOGY TEACHER FOR THE LAST 30 YEARS IN SOPHIA COLLEGE, SHE HAS BEEN ACTIVELY ENGAGED IN A SPIRITUAL JOURNEY OF SEEKING BEYOND JUST THIS PHYSICAL ASPECT OF LIFE, THROUGH YOGA AND MEDITATION

REGISTER HERE

<https://forms.gle/eH2VuTWZUr8kZUsq6>

Date: March 02, 2022

Time: 5 pm onwards

Platform: Zoom

There will also be an activity conducted related to the College Theme, details of which will be shared after the session.
Students participating in this will be eligible for ECC hours.