Club Name: Art & Design C;ub

Total Events: 5

### 1. The Peace Journal

Date: 9th August, 2024

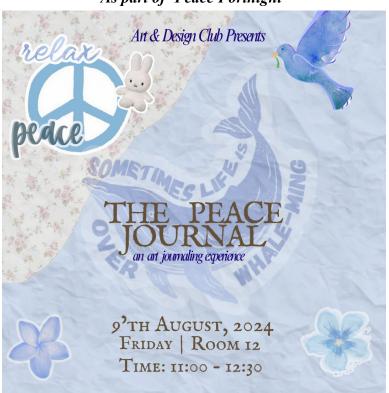
Day: Friday

Time: 11:00-12:30 Venue: room 12 Charges: n/a

No. of participants: 15

### THE PEACE JOURNAL

As part of 'Peace Fortnight'



How to imagine peace, how to make peace?" Is perhaps a question one doesn't have the answer to. Many poets regardless, have pointed to look within.

The Peace Journal was an event that took place as a part of 'Peace Fortnight', our college's annual commemoration of peace. This was the Art and Design Club's effort to celebrate the thought of making peace. We asked our participants to bring any sort of media, be it photographs, stickers, paintings or written notes to create something that resembles serenity and brings them peace.

Art journaling is a form of therapy and is said to bring peace to oneself, and this is why A&D made an initiative to execute this event. Participants brought their own materials/art supplies to make a collage of things that bring them peace.

This was also Art & Design Club's first solo event of the year. This event was conducted offline in Room 12 on the 9th of August, 2024. The objective of this event was to invite the participants to create an art journal which could ease their internal chaos and find peace in themselves. To promote the event, a PR message was sent on WhatsApp, along with the circulation of an Instagram post and story.

During this session we had 15 participants joining us. The participants created art journals and enjoyed the soothing and peaceful music that played in the background, some people even commented on how much they liked creating art with this background music. The artists fully immersed themselves in this peaceful experience and enjoyed it thoroughly.

### STUDENT'S FEEDBACK

"I honestly think this is truly one of the best A&D events I've attended. Art journaling was something I've always wanted to do, but never committed. After this i wanna do this everyday. Do more sessions like these where we can explore new art styles and mediums!!"

"I really enjoyed the event "helped me get out of a creative rut."

#### PHOTOGRAPHS OF THE EVENT









### 2. Pioneering women in STEM

Date: 19th to 25th September, 2024

Day: n/a Time: n/a

**Venue: online (submission-based)** 

Charges: n/a

No. of participants: 9

# Art & Design Club x Sigma Club Pioneering Women in Stem: An artistic tribute



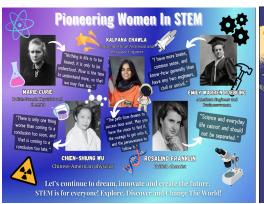
Innovation is the art at the eyes of artist; the science at the mind of scientist; and the bridge between the art and science.

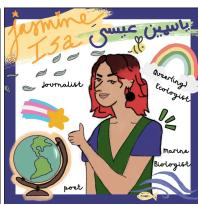
~ Pearl Zhu

The Art and Design Club, in collaboration with the Sigma Club, hosted an online submission-based event from September 19th to 25th, 2024. The event centered around the theme "Pioneering Women in STEM," encouraging participants to submit creative works that honored the contributions of women in science, technology, engineering, and mathematics. To promote the event, a PR message was sent on WhatsApp, along with the circulation of an Instagram post and story. The event was conducted through Google Forms, and a total of 9 submissions were received, each showcasing unique artistic interpretations of the topic.

The event was considered a success for both the Art and Design Club and the Sigma Club. Not only did it highlight the achievements of pioneering women in STEM, but it also provided an opportunity for members to explore and express STEM concepts through art. The event was well-received, with participants expressing their appreciation for being able to creatively engage with such an empowering and relevant theme.

### Participant's submissions:





#### 3. Crime-A-Thon

Date: 22nd to 28th September, 2024

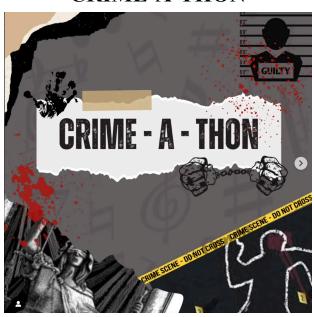
Day: n/a
Time: n/a

**Venue: online (submission-based)** 

Charges: n/a

No. of participants: 12

# Art and Design Club x English Literary Society CRIME-A-THON



The Art and Design Club, in collaboration with the English Literary Society, hosted an online submission-based event from September 22nd to 28th, 2024, titled "Crime-a-thon." The event featured two main components: a custom-designed book cover competition and a crime-based story writing competition. Participants were invited to submit their original book cover designs inspired by a crime theme and creative short stories based on crime.

The event was held online and a google form submission link was circulated via Whatsapp, Instagram stories and posts. PR for the event was also carried out via the aforementioned platforms. A total of 12 submissions were received, combining both artistic and literary talents from the participants. After carefully going through the participants' submissions, the top three entries were published on Art & Design Club's instagram account.

The "Crime-a-thon" event was a resounding success, bringing together members of the Art and Design Club and English Literary Society to explore the theme of crime through both art and writing.

## Participant's submissions:



### 4. Caricature on an Ongoing Conflict

Date: December 2nd, 2024

**Day: Monday** 

Time: 1:30 to 3:00pm

Venue:Room 30 Charges: n/a

No. of participants: 17

Art & Design Club x Munsophical

## Caricature on an Ongoing Conflict



On December 2nd, 2024, the Art and Design Club, in collaboration with MUNSOPHICAL, hosted an offline event centered around the theme "Caricature on Ongoing Conflict." The event took place in Room 30 from 1:30 PM to 3:00 PM. The aim of the event was to engage participants in expressing their perspectives on current global crises through caricature art. Each participant was provided with sheets to draw their interpretations, allowing them to creatively comment on social, political, or environmental issues. A total of 17 students participated in this event.

To promote the event, a PR message was sent on WhatsApp, along with the circulation of an Instagram post and story.

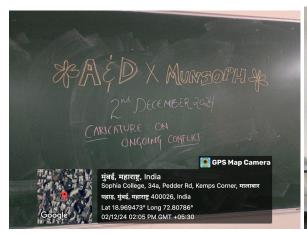
It was a competition-based event and hence, after going through the participants' entries, the top 3 artworks were published on art and design clubs' instagram page.

"Caricature on Ongoing Conflict" was a successful and impactful event. It offered participants the chance to creatively engage with current global issues while fostering a deeper connection between art and social awareness.

### PHOTOGRAPHS OF THE EVENT









### 5. Stress Management: Art Therapy

Date: February 7th, 2025

Day: Friday

Time: 11:00-12:30

Venue: J.N. Heredia Counselling Centre

Charges: n/a

No. of participants: 8

Art&Design Club x Sigma Club x J.N. Heredia Counselling Centre

# Stress Management Workshop



On 7th February, 2025, the Art and Design Club, Sigma Club, and J.N. Heredia Counselling Centre collaborated to host an offline art therapy session focused on stress management for college students. The session took place in the Counselling Centre during the long break, from 11:00 AM to 12:30 PM. Led by Sukratee Bhosale, the college counsellor, the session aimed to provide a calming, creative outlet for students to manage stress through art. A total of 8 participants attended, engaging in hands-on activities designed to foster relaxation and emotional well-being.

To promote the event, a PR message was sent on WhatsApp, along with the circulation of an Instagram post and story.

The Art and Design Club, Sigma Club, and J.N. Heredia Counselling Centre's collaborative art therapy session was a valuable and successful event. It offered a unique opportunity for students to manage stress creatively and bonded participants in a supportive environment.

The event underscored the importance of mental health and the positive impact of art on well-being, marking a significant moment for the Art and Design Club in expanding its influence and impact within the college community.

## PHOTOGRAPHS OF THE EVENT



