



**SOPHIA COLLEGE FOR WOMEN
(EMPOWERED AUTONOMOUS)**

Affiliated to

UNIVERSITY OF MUMBAI

Programme: History

Programme Code: AHIS

F.Y.B.A.

2025-26 (NEP)

(Choice Based Credit System with effect from the year 2018-19)

Programme Outline : FYBA (SEMESTER I)

Course Code	Unit No.	Name of the Unit	Credits
AHIS111MJ		HISTORY OF EUROPE (C. 1914 – 1945 CE)	4
	1	World War I	
	2	End of the Russian Empire; Establishment of a Communist State	
	3	Authoritarian Regimes in Germany and Italy	
	4	World War II	
AHIS111MN		ANCIENT INDIA FROM EARLIEST TIMES TO THE 3 rd CENTURY BCE.	4
	1	Harappan Civilisation	
	2	Vedic Age	
	3	India after 6 th Century BCE	
	4	Mauryan Period	

Programme Outline : FYBA (SEMESTER II)

Course Code	Unit No.	Name of the Unit	Credits
AHIS122MJ		ANCIENT INDIA: HARAPPAN CIVILISATION TO THE MAURYAS	4
	1	Harappan Civilisation	
	2	Early and Later Vedic Periods	
	3	India after 6 th Century BCE	
	4	Mauryan Empire	
AHIS122MN		MILESTONES IN EUROPEAN HISTORY (1914 – 1945 CE)	4
	1	The First World War	
	2	Russia: From Absolute Monarchy to Communist State	
	3	One-party Dictatorships in Germany and Italy	
	4	Second World War	

Preamble:

History is the study of a part of the past. This study gives society a connection to its past and a sense of belonging. This knowledge also enables people to better understand how perceptions, ideologies and beliefs inform the decision-making process at all levels. This in turn may enable society to be sensitive and humane, while promoting reforms, drafting policies and seeking change.

The objective of the B.A. History degree course is to educate the learner about key events that have taken place in India and globally. The learning includes understanding not just the event, but the context in which it occurred and how it impacted society. To achieve this objective, the Department has designed the syllabi keeping in mind the diverse backgrounds of the students and need to bring them to the same level. The content of the syllabi covers international, national, regional and local history.

The knowledge gained through lectures is substantiated and enriched through the use of maps, videos, field trips, articles, assignments, class discussions and student presentations. Additional resources are posted in the Google Classroom and our social media pages.

The learner will be able to prepare for competitive tests; pursue higher studies in History and allied disciplines; and have acquired basic skills and training in research. The study of History will enable the learner to take up careers for which the knowledge and skills provided by this discipline will be crucial to achieving success.

PROGRAMME OBJECTIVES

PO 1	Develop an understanding of the major events in the history of India, at a national, regional and local level, as well as a global level from the past to the end of the 20 th century
PO 2	Develop an understanding of the major events in world history from c. 1300s till the start of the 21 st century.
PO 3	Prepare learners for post-graduate studies in History and Allied Subjects, and a career in fields ranging from teacher and civil services to museum curator, archivist, researcher, archaeologist and others.

PROGRAMME SPECIFIC OUTCOMES

PSO 1	The learner will be able to identify key events that have shaped India and the World.
PSO 2	The learner will be able to draw parallels and perceive connections between contemporary events and the past.
PSO 3	The learner will be able to pursue higher studies in history and allied subjects and careers in which the knowledge of history is essential.

SEMESTER 1

Programme: Humanities History Major 1	Semester – 1
Course Title: History of Europe (c. 1914 – 1945 CE)	Course Code: AHIS111MJ

COURSE OBJECTIVES:

1. To understand the major causes, course and results of World War I.
2. To identify the factors and trace the events that contributed to the establishment of an authoritarian, communist government in USSR and shaped its domestic policy.
3. To understand the rise of and policies of authoritarian regimes in Italy and Germany respectively.
4. To understand the major causes, course and results of World War II.

COURSE LEARNING OUTCOMES:

The learner will be able to:

1. identify the major causes, events, and consequences of World War I
2. explain the how Russia became a communist, authoritarian republic as a result of two revolutions and Stalin's policies.
3. evaluate ideology and the nature of the Fascist and Nazi governments of Italy and Germany respectively
4. assess causes, events and consequences of World War II.

Lectures per week (1 Lecture is 60 minutes)		4	
Total number of Hours in a Semester		60	
Credits		4	
Evaluation System	Summative Assessment	2 Hours	50 marks
	Cumulative Assessment	--	50 marks

UNIT 1 World War I	1.1	Causes
	1.2	Course
	1.3	Consequences
UNIT 2 End of the Russian Empire; Establishment of a Communist State	2.1	The February Revolution (1917)
	2.2	The October Revolution (1917)
	2.3	Domestic policy of Stalin
UNIT 3 Authoritarian Regimes in Germany and Italy	3.1	Fascism and Nazism
	3.2	Domestic Policy of Mussolini
	3.3	Domestic Policy of Hitler

UNIT 4 World War II	4.1	Causes
	4.2	Course
	4.3	Consequences

REFERENCES:

- Clyde, P.M., and Beers, B.F., The Far East: A History of Western Impacts and Eastern Response, 1830-1975, Sixth Edition, Prentice-Hall, 1966.
- Cornwell, R.D, World History in the Twentieth Century, Addison-Wesley Longman Ltd, 1981.
- Ergang, Robert, From Renaissance to Waterloo, Third Edition, Heath, 1966.
- Fergusson, W and Brunn, G, A Survey of European Civilization, 3rd edition, Houghton and Co. 1958.
- Fisher S. N., The Middle East: A History, Routledge & Kegan Paul, 1971.
- Hayes, C, Moon, T.P and Wayland, J.W, World History, 3rd Revised ed. The Mac Millan Co., 1950.
- Hobsbawm, Eric, Age of Extremes: The Short Twentieth Century 1914-1991, Viking, Penguin Books, 1995.
- Keylor, William, The Twentieth Century World and Beyond: International History Since 1900, Oxford University Press, 2006.
- Lenczowski G., The Middle East in world Affairs, Cornell University Press, 1971.
- Lowe, Norman, Mastering World History, Macmillan Education Ltd., 1985.
- Palmer R. and Colton, Joel, A History of the Modern World, 4th edition, Alfred Knopf, 1971.
- Rao, B.V., History of the Modern World, AD 1500 to 2011, Sterling Publishers Pvt. Ltd., 2013.
- Rao, B.V., History of Modern Europe 1789-1992, (revised edition), Sterling Publishers Pvt. Ltd., 2002.
- Spence, Jonathan D., The Search for Modern China, Second Edition, W. W. Norton & Co., 1999.
- Taylor Alastair M., Wallbank T. Walter, Bailkey, Nels M. and Jewsbury, George F., Civilization Past and Present 8th Edition, HarperCollins College Div., 1995.
- Vinacke H. M., A History of the Far East in Modern Times, George Allen & Unwin Ltd. 1967.

Programme: Humanities History Minor 1	Semester – 1
Course Title: Ancient India from Earliest Times to the 3rd Century BCE.	Course Code: AHIS111MN

COURSE OBJECTIVES:

1. To understand the key features and significance of the Harappan Civilization.
2. To analyze the political, social, economic, and religious aspects of the Vedic Age.
3. To examine the political landscape after the 6th century BCE with special reference to the Mahajanapadas, foreign invasions, and the emergence of Buddhism and Jainism.
4. To evaluate the establishment, governance, and policies of the Mauryan Empire with emphasis on Emperor Ashoka's reign.

COURSE LEARNING OUTCOMES:

The learner will be able to:

1. describe the urban planning, society, economy, religious life, arts, and decline of the Harappan Civilization.
2. analyze the polity, economy, society, and religious beliefs during the Vedic Age.
3. examine the rise of Mahajanapadas, the impact of Persian and Greek invasions, and the emergence of Buddhism and Jainism.
4. explain the establishment and administration of the Mauryan Empire with focus on Emperor Ashoka's contributions.

Lectures per week (1 Lecture is 60 minutes)		4	
Total number of Hours in a Semester		60	
Credits		4	
Evaluation System	Summative Assessment	2 Hours	50 marks
	Cumulative Assessment	--	50 marks

UNIT 1 Harappan Civilisation	1.1	Introduction, Extent, Town Planning
	1.2	Society, Economy, Religious Life
	1.3	Script, Arts and Crafts, Decline of the Civilisation
UNIT 2 Vedic Age	2.1	Introduction, Polity, Economy
	2.2	Society
	2.3	Religion
UNIT 3 India after the 6th Century	3.1	Age of the Mahajanapadas; Persian and Greek Invasions
	3.2	Buddhism

BCE	3.3	Jainism
UNIT 4 Mauryan Period	4.1	Establishment of the Empire
	4.2	Ashoka
	4.3	Administration

REFERENCES:

- Avari, Burjor, India: The Ancient Past: A History of the Indian Sub-Continent from c.7000 C to AD 1200, Routledge, 2007.
- Basham, A.L., The Wonder that was India, Macmillan, 1967.
- Basham, A.L., (ed.) A Cultural History of India, OUP, 1975.
- Champakalakshmi, R., Trade, Ideology and Urbanization: South India 300BC to AD 1300, Oxford University Press, 1996.
- Chandra, Moti, Trade and Trade Routes in Ancient India, Abhinav Publications, 1977.
- D. Devahuti, Harsha: a political study, OUP, London, 1970.
- Eraly, Abraham, Gem in the Lotus: The Seeding of the Indian Civilisation, Phoenix, an Imprint of the Orion Publishing Group Ltd., 2005.
- Gayal, Shankar, Imperial Guptas, A Multidisciplinary Political Study, Kusamanjali Book world, 2005.
- Gayal, Shankar, Harsha: A Multidisciplinary Political Study, Kusamanjali Book world, 2006.
- Craven, Roy C., Indian Art: a Concise History, Thames and Hudson, London, 1976.
- Kosambi, D.D., The Culture and Civilization of Ancient India in Historical Outline, Sixth Impression, Vikas Publishing Pvt. Ltd., New Delhi, 1981.
- Majumdar, R.C., Pusolker, A.D., Majumdar, A.K, The Classical Age, Bharatiya Vidhya Bhavan, Mumbai, 1997.
- Majumdar, R.C., Ancient India, Motilal Banarasidas, 1964.
- Mukherjee, Rudrangshu; Punja, Shobita; Sinclair, Toby, A New History of India, Rupa Publications India Pvt. Ltd., 2023.
- Possehl, Gregory L., The Indus Civilisation- A Contemporary Perspective, AltaMira Press, 2002.
- Sastri, Nilakanta.K.A., A Comprehensive History of India, Vol. 2: The Mauryas and Satavahanas (325 BC to AD 300), Orient Longmans, 1957.
- Sastri, Nilakanta.K.A., A History of South India, Fourth Edition, Oxford University Press, 1976.
- Singh, Upinder, A History of Ancient and Early Medieval India: from the Stone Age to the 12th century, Pearson Longman, 2008.

SEMESTER 2

Programme: Humanities History Major 2		Semester – 2	
Course Title: Ancient India: Harappan Civilisation to the Mauryas.		Course Code: AHIS122MJ	
<p><u>COURSE OBJECTIVES:</u></p> <ol style="list-style-type: none"> 1. To understand the key features and significance of the Harappan Civilization. 2. To analyze the political, social, economic, and religious aspects of the Vedic Age. 3. To examine the political landscape after the 6th century BCE with special reference to the Mahajanapadas, foreign invasions, and the emergence of Buddhism and Jainism. 4. To evaluate the establishment, governance, and policies of the Mauryan Empire with emphasis on Emperor Ashoka's reign. 			
<p><u>COURSE LEARNING OUTCOMES:</u> The learner will be able to:</p> <ol style="list-style-type: none"> 1. describe the urban planning, society, economy, religious life, arts, and decline of the Harappan Civilization. 2. analyze the polity, economy, society, and religious beliefs during the Vedic Age. 3. examine the rise of Mahajanapadas, the impact of Persian and Greek invasions, and the emergence of Buddhism and Jainism. 4. explain the establishment and administration of the Mauryan Empire with focus on Emperor Ashoka's contributions. 			
Lectures per week (1 Lecture is 60 minutes)		4	
Total number of Hours in a Semester		60	
Credits		4	
Evaluation System	Summative Assessment	2 Hours	50 marks
	Cumulative Assessment	--	50 marks

UNIT 1 Harappan Civilisation	1.1	Introduction, Extent, Town Planning
	1.2	Society, Economy, Religious Life
	1.3	Script, Arts and Crafts, Decline of the Civilisation
UNIT 2 Early and Later Vedic Periods	2.1	Introduction, Polity, Economy
	2.2	Society
	2.3	Religion

UNIT 3 India after the 6th Century BCE	3.1	Age of the Mahajanapadas; Persian and Greek Invasions
	3.2	Buddhism
	3.3	Jainism
UNIT 4 Mauryan Empire	4.1	Establishment of the Empire
	4.2	Ashoka
	4.3	Administration

REFERENCES:

- Avari, Burjor, India: The Ancient Past: A History of the Indian Sub-Continent from c.7000 C to AD 1200, Routledge, 2007.
- Basham, A.L., The Wonder that was India, Macmillan, 1967.
- Basham, A.L., (ed.) A Cultural History of India, OUP, 1975.
- Champakalakshmi, R., Trade, Ideology and Urbanization: South India 300BC to AD 1300, Oxford University Press, 1996.
- Chandra, Moti, Trade and Trade Routes in Ancient India, Abhinav Publications, 1977. D. Devahuti, Harsha: a political study, OUP, London, 1970.
- Gayal, Shankar, Imperial Guptas, A Multidisciplinary Political Study, Kusamanjali Book world, 2005.
- Gayal, Shankar, Harsha: A Multidisciplinary Political Study, Kusamanjali Book world, 2006.
- Craven, Roy C., Indian Art: a Concise History, Thames and Hudson, London, 1976.
- Kosambi, D.D., The Culture and Civilization of Ancient India in Historical Outline, Sixth Impression, Vikas Publishing Pvt. Ltd., New Delhi, 1981.
- Majumdar, R.C., Pusolker, A.D., Majumdar, A.K, The Classical Age, Bharatiya Vidhya Bhavan, Mumbai, 1997.
- Majumdar, R.C., Ancient India, Motilal Banarasidas, 1964.
- Possehl, Gregory L., The Indus Civilisation- A Contemporary Perspective, AltaMira Press, 2002.
- Sastri, Nilakanta.K.A., A Comprehensive History of India, Vol. 2: The Mauryas and Satavahanas (325 BC to AD 300), Orient Longmans, 1957.
- Sastri, Nilakanta.K.A., A History of South India, Fourth Edition, Oxford University Press, 1976.
- Singh, Upinder, A History of Ancient and Early Medieval India: from the Stone Age to the 12th century, Pearson Longman, 2008.
- Thapar, Romila, Ancient Indian Social History: Some Interpretations, Orient Longmans Ltd., 1978.
- Thapar, Romila (ed), Recent perspectives of Early Indian History, Popular Prakashan, 1995.
- Thapar, Romila, Interpreting Early India, Oxford University Press, 1992.

Programme: Humanities History Minor 2		Semester – 2	
Course Title: Milestones in European History (1914 – 1945 CE)		Course Code: AHIS122MN	
<u>COURSE OBJECTIVES:</u>			
<ol style="list-style-type: none"> 1. To understand the major causes, course and results of World War I. 2. To identify the factors and trace the events that contributed to the establishment of an authoritarian, communist government in USSR and shaped its domestic policy. 3. To understand the rise of and policies of authoritarian regimes in Italy and Germany respectively. 4. To understand the major causes, course and results of World War II. 			
<u>COURSE LEARNING OUTCOMES:</u>			
The learner will be able to:			
<ol style="list-style-type: none"> 1. identify the major causes, events, and consequences of World War I. 2. explain the how Russia became a communist, authoritarian republic as a result of two revolutions and Stalin’s polices. 3. evaluate ideology and the nature of the Fascist and Nazi governments of Italy and Germany respectively. 4. assess causes, events and consequences of World War II. 			
Lectures per week (1 Lecture is 60 minutes)		4	
Total number of Hours in a Semester		60	
Credits		4	
Evaluation System	Summative Assessment	2 Hours	50 marks
	Cumulative Assessment	--	50 marks

UNIT 1 The First World	1.1	Causes
	1.2	Course
	1.3	Consequences
UNIT 2 Russia: From Absolute Monarchy to Communist State	2.1	The February Revolution (1917)
	2.2	The October Revolution (1917)
	2.3	Domestic policy of Stalin
UNIT 3 One-party Dictatorships in Germany and	3.1	Fascism and Nazism
	3.2	Domestic Policy of Mussolini

Italy	3.3	Domestic Policy of Hitler
UNIT 4 The Second World War	4.1	Causes
	4.2	Course
	4.3	Consequences

REFERENCES:

- Clyde, P.M., and Beers, B.F., The Far East: A History of Western Impacts and Eastern Response, 1830-1975, Sixth Edition, Prentice-Hall, 1966.
- Cornwell, R.D, World History in the Twentieth Century, Addison-Wesley Longman Ltd, 1981.
- Ergang, Robert, From Renaissance to Waterloo, Third Edition, Heath, 1966.
- Fergusson, W and Brunn, G, A Survey of European Civilization, 3rd edition, Houghton and Co. 1958.
- Fisher S. N., The Middle East: A History, Routledge & Kegan Paul, 1971.
- Hayes, C, Moon, T.P and Wayland, J.W, World History, 3rd Revised ed. The Mac Millan Co., 1950.
- Hobsbawm, Eric, Age of Extremes: The Short Twentieth Century 1914-1991, Viking, Penguin Books, 1995.
- Keylor, William, The Twentieth Century World and Beyond: International History Since 1900, Oxford University Press, 2006.
- Lenczowski G., The Middle East in world Affairs, Cornell University Press, 1971.
- Lowe, Norman, Mastering World History, Macmillan Education Ltd., 1985.
- Palmer R. and Colton, Joel, A History of the Modern World, 4th edition, Alfred Knopf, 1971.
- Rao, B.V., History of the Modern World, AD 1500 to 2011, Sterling Publishers Pvt. Ltd., 2013.
- Rao, B.V., History of Modern Europe 1789-1992, (revised edition), Sterling Publishers Pvt. Ltd., 2002.
- Spence, Jonathan D., The Search for Modern China, Second Edition, W. W. Norton & Co., 1999.
- Taylor Alastair M., Wallbank T. Walter, Bailkey, Nels M. and Jewsbury, George F., Civilization Past and Present 8th Edition, HarperCollins College Div., 1995.
- Vinacke H. M., A History of the Far East in Modern Times, George Allen & Unwin Ltd. 1967.

ASSESSMENT DETAILS:

For 4 Credit Papers (Major and Minor) – CA + SA = 100 marks

Continuous Assessment (CA) (50 marks)

1. A minimum of two activities will be given in each semester.

2. Each will be for 25 marks.
3. The nature of the activities will be decided by the Examiner and may include Assignment/ MCQs/ Short notes and/or any other type of /combination of objective or descriptive type activity.
4. Learners will be informed about the marks they have got before the Summative Assessment.

Summative Assessment (SA) (50 marks)

Duration: 2 hours

1. The Question Paper will cover all four units of the syllabus.
2. There will be three mandatory questions:
 - Question I : Attempt any two out of four (30 marks)
 - Question II : Attempt any one out of three (10 marks)
 - Question III : Attempt any two out of four (10 marks)
3. In each question, each option will be from a different unit.

For 2 Credit Papers (VSC)

Continuous Assessment (50 marks)

1. A minimum of two activities will be given in each semester.
2. Each will be for 20 marks.
3. The nature of the activities will be decided by the Examiner and may include Assignment/ MCQs/ Short notes and/or any other type of /combination of objective or descriptive type activity.
4. 10 marks will be given for Class participation.