



**SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)**

Affiliated to the University of Mumbai

**Programme:** Humanities  
**SOCIOLOGY** (Major and  
Minor) F.Y.B.A

**Syllabus for the Academic Year 2025-2026**  
**based on the National Education Policy 2020**



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

## DEPARTMENT OF SOCIOLOGY

### COURSE DETAILS FOR MAJOR

	SEMESTER 1	SEMESTER 2
TITLE	Introduction to Sociology	Development of Sociology
TYPE OF COURSE DSC OR DSE	DSC	DSC
CREDITS	4	4

### COURSE DETAILS FOR MINOR:

	SEMESTER 1	SEMESTER 2
TITLE	Doing Sociology	Sociology & Society
TYPE OF COURSE DSC OR DSE	DSC	DSC
CREDITS	4	4



## SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

### **Preamble:**

This syllabus of the Sociology Program offered by Sophia College for Women, Mumbai, has been designed under the National Education Policy 2020 to be implemented from the academic year 2023-24.

Sociology is the organized, systematic and scientific study of social life, social relationships and behaviour in human society. It emerged in response to attempts to understand changes occurring in society due to the processes of industrialisation, urbanization and globalization. Sociology addresses current social problems confronting society and policymakers. It enables one to think imaginatively, reject preconceived ideas about social life and to understand social change from a wider perspective. It allows one to look beyond a limited understanding of human behaviour and to see the world and people through a broader lens.

The programme aims to introduce the students to important practical applications and enables them to come up with social criticism and practical social reform. Students would be able to critically evaluate policies based on an awareness of divergent cultural values, as well as investigate the consequences of policy programmes. The program will cover areas such as crime, delinquency, demography, industrial sociology, rural sociology, sociology of occupation and profession, medical sociology, law and society, sociology of human resource development, research methodology and statistics. Through interactive classroom discussions using methods such as case study analysis, focus group discussions and debates, students would be able to develop a grasp on the subject. The pedagogical approaches include social outreach programmes, field visits, and expert guest lectures, which supplement the classroom learning.

By the end of the programme, students would become capable of careers in planning, community action programmes and public and employee relations. We aim at creating capable and responsible individuals who can prove to be a valuable asset to academia, organizations, think tanks and the corporate sector.



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

**PROGRAMME OBJECTIVES**

<b>PO 1</b>	To introduce the students to the scientific understanding of the basic concepts and processes in society
<b>PO 2</b>	To familiarize the students with the structure and function of the social institutions to appreciate the significance of society
<b>PO 3</b>	To enable the students to engage with the theoretical and methodological aspects of the discipline of sociology
<b>PO 4</b>	To acquaint the students with the skills and expertise needed in the field of social research, management, media and industry

**PROGRAMME SPECIFIC OUTCOMES**

<b>PSO 1</b>	The learner will be able to understand and appreciate the fundamental concepts and processes in society
<b>PSO 2</b>	The learner will be able to identify the strengths and issues in the societal functioning and deal with them effectively
<b>PSO 3</b>	The learner will be able to review and engage with the theoretical and methodological aspects of the discipline of sociology.
<b>PSO 4</b>	The learner will be able to develop and deploy the skill sets for operations in the field of social research, management, media and industry.



**SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)**

<b>Programme: Humanities</b>		<b>Semester – 1</b>	
<b>Sociology Major 1</b>			
<b>Course Title: Introduction to Sociology</b>		<b>Course Code: ASOC111MJ</b>	
<b><u>COURSE OBJECTIVES:</u></b>			
<ol style="list-style-type: none"> <li>1. Review the emergence of the discipline</li> <li>2. Acquaint the students with basic concepts, social constructs and design</li> <li>3. Address the important issues and concerns</li> <li>4. Discuss the future of the discipline</li> </ol>			
<b><u>COURSE LEARNING OUTCOMES:</u></b>			
The learner will be able to:			
<ol style="list-style-type: none"> <li>1. Identify the development of the discipline</li> <li>2. Understand the basic concepts in sociology and the social structure of the society</li> <li>3. Critically analyse the issues and problems</li> <li>4. Recognise the emerging fields in the discipline</li> </ol>			
<b>Lectures per week (1 Lecture is 60 minutes)</b>		<b>4</b>	
<b>Total number of Hours in a Semester</b>		<b>60</b>	
<b>Credits</b>		<b>4</b>	
<b>Evaluation System</b>	<b>Summative Assessment</b>	<b>2</b> <b>Hours</b>	<b>50 marks</b>
	<b>Cumulative Assessment</b>	<b>--</b>	<b>50 marks</b>

<b>UNIT 1</b> <b>Sociology in India</b>	1.1	Period of Enlightenment: Origin of the discipline
	1.2	Sociological Imagination: Reflexive Sociology
	1.3	Sociological thoughts in India: Ghurye, Andre Beteille, Srinivas, T K Oomen, A R Desai, Sharmila Rege



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

<b>UNIT 2</b> <b>Basic Concepts</b>	2.1	Society (Evolution of the society- Gerhard Lenski), Group (Primary and secondary group, In-group and Out group, Reference group) and Community
	2.2	Socialization: (meaning, significance and types)
	2.3	Social Stratification: Caste, Gender, Class, Age, Religion and Ethnicity
<b>UNIT 3</b> <b>Social Institutions</b>	3.1	Politics, State and Government
	3.2	Religion, Caste, and Tribe
	3.3	Family, Kinship, Marriage, and Patriarchy
<b>UNIT 4</b> <b>Emerging Areas in Sociology</b>	4.1	Health, Ageing and Care
	4.2	Media and Society
	4.3	Economy and Policy Making

**REFERENCES:**

1. Haralambos M and Heald (2009) Sociology Themes and Perspectives .New Delhi Oxford University Press
2. Julia Jary and David Jary (2005) Dictionary of Sociology Collins
3. Marshall Gordon. Dictionary of Sociology New Delhi Oxford University Press
4. Macionis, John (2005) Sociology (10th edition) Prentice Hall
5. Schaefer Richard T Sociology A Brief Introduction (2006) sixth edition Tata McGraw Hill New Delhi
6. Schaeffer and Lamm (1998) Sociology (6th edition) McGraw Hill
7. Anthony Giddens ; Sociology , Third Edition.
8. C.W Mills ; The sociological Imagination, Fortieth Anniversary Edition.



**SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)**

<b>Programme: Humanities</b>		<b>Semester – 2</b>	
<b>Sociology Major 2</b>		<b>Course Code: ASOC122MJ</b>	
<b>Course Title: Development of Sociology</b>			
<b><u>COURSE OBJECTIVES:</u></b>			
<ol style="list-style-type: none"> <li>1. To Review the emergence of the discipline at a global level</li> <li>2. To Acquaint the students with basic concepts and social constructs</li> <li>3. To Appreciate the social processes, the causal factors and impact</li> <li>4. To Address the social issues and concerns</li> </ol>			
<b><u>COURSE LEARNING OUTCOMES:</u></b>			
The learner will be able to:			
<ol style="list-style-type: none"> <li>1. Identify the development of the discipline</li> <li>2. Understand the basic concepts in sociology and the social structure of the society</li> <li>3. Critically analyse the issues and problems</li> <li>4. Recognise the emerging fields in the discipline</li> </ol>			
<b>Lectures per week (1 Lecture is 60 minutes)</b>		<b>4</b>	
<b>Total number of Hours in a Semester</b>		<b>60</b>	
<b>Credits</b>		<b>4</b>	
<b>Evaluation System</b>	<b>Summative Assessment</b>	<b>2</b>	<b>50 marks</b>
		<b>Hours</b>	
	<b>Cumulative Assessment</b>	<b>--</b>	<b>50 marks</b>

<b>UNIT 1 Western Sociological Thought</b>	1.1	Introduction to Western Sociological Thought: Post-Enlightenment and the emergence of Sociology
	1.2	Classical Sociological Thought: Comte, Marx, Durkheim
	1.3	Contemporary Sociological Thought: George Mead, Beck, Parsons, Goffman



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

<b>UNIT 2</b> <b>Culture</b>	2.1	Elements and Characteristics of Culture
	2.2	Global Culture, Multiculturalism, Cultural Pluralism and Ethnocentrism
	2.3	Dimensions of Culture: High-Culture, Popular Culture, Counterculture, Subculture, Cultural Relativism
<b>UNIT 3</b> <b>Understanding Change in Society</b>	3.1	Characteristics and Causes of Social Change
	3.2	Traditional, Modern and Post-Modern Society
	3.3	Modernization and Urbanization
<b>UNIT 4</b> <b>Crime and Deviance</b>	4.1	Strain Theory
	4.2	Labelling Theory
	4.3	Conflict Perspective

**REFERENCES**

1. Haralambos M and Heald (2009) Sociology Themes and Perspectives .New Delhi Oxford University Press
2. Julia Jary and David Jary (2005) Dictionary of Sociology Collins
3. Marshall Gordon. Dictionary of Sociology New Delhi Oxford University Press
4. Macionis, John (2005) Sociology (10th edition) Prentice Hall
5. Schaefer Richard T Sociology A Brief Introduction (2006) sixth edition Tata McGraw Hill New Delhi
6. Schaeffer and Lamm (1998) Sociology (6th edition) McGraw Hill
7. Anthony Giddens ; Sociology , Third Edition.
8. C.W Mills ; The sociological Imagination, Fortieth Anniversary Edition.





**SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)**

<b>Programme: Humanities</b>		<b>Semester – 1</b>	
<b>Sociology Minor</b>			
<b>Course Title: Doing Sociology</b>		<b>Course Code: ASOC111MN</b>	
<b><u>COURSE OBJECTIVES:</u></b>			
<ol style="list-style-type: none"> <li>1. To orient the students to the discipline of Sociology</li> <li>2. To trace the emergence and growth of the discipline in India</li> <li>3. To understand the opportunities within the discipline</li> <li>4. To track the major trends in Sociology</li> </ol>			
<b><u>COURSE LEARNING OUTCOMES:</u></b>			
The learner will be able to:			
<ol style="list-style-type: none"> <li>1. Understand Sociology within the Indian Society</li> <li>2. Apprehend the emerging areas within the discipline</li> <li>3. Apply the concepts in a practical setting</li> </ol>			
<b>Lectures per week (1 Lecture is 60 minutes)</b>		<b>4</b>	
<b>Total number of Hours in a Semester</b>		<b>60</b>	
<b>Credits</b>		<b>4</b>	
<b>Evaluation System</b>	<b>Summative Assessment</b>	<b>2 Hours</b>	<b>50 marks</b>
	<b>Cumulative Assessment</b>	<b>--</b>	<b>50 marks</b>

<b>UNIT 1 Introduction</b>	1.1	Understanding Sociology
	1.2	Socialization: Basic concepts
	1.3	Sociology in Everyday life



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

<b>UNIT 2</b> <b>Sociology in India</b>	2.1	Understanding Culture
	2.2	Social Structure and Stratification in India
	2.3	Power, Politics and State
<b>UNIT 3</b> <b>Social Interaction in Everyday Life</b>	3.1	Social Structure
	3.2	Modes/Mediums of Social Interaction: Kinship
	3.3	Changing nature of social interaction
<b>UNIT 4</b> <b>Emerging Trends: Social Media</b>	4.1	Social Dimension-Social Networking
	4.2	Economic Dimension: Marketing and Advertising Network
	4.3	Power and Politics in Media

**REFERENCES:**

1. Haralambos M and Heald (2009) Sociology Themes and Perspectives .New Delhi Oxford University Press
2. Julia Jary and David Jary (2005) Dictionary of Sociology Collins
3. Marshall Gordon. Dictionary of Sociology New Delhi Oxford University Press
4. Macionis, John (2005) Sociology (10th edition) Prentice Hall
5. Schaefer Richard TSociology A Brief Introduction (2006) sixth edition Tata McGraw Hill New Delhi
6. Schaeffer and Lamm (1998) Sociology (6th edition) McGraw Hill
7. Anthony Giddens ; Sociology , Third Edition.
8. C.W Mills ; The sociological Imagination, Fortieth Anniversary Edition.



**SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)**

<b>Programme: Humanities</b>		<b>Semester – 2</b>	
<b>Sociology Major</b>			
<b>Course Title: Sociology &amp; Society</b>		<b>Course Code: ASOC122MN</b>	
<b><u>COURSE OBJECTIVES:</u></b>			
<ol style="list-style-type: none"> <li>1. To orient students with the social emergent social designs</li> <li>2. To appreciate the gender specific patterns and issues</li> <li>3. To understand the relation between society and environment</li> <li>4. To analyze the dialectical connection economy and society</li> </ol>			
<b><u>COURSE LEARNING OUTCOMES:</u></b>			
The learner will be able to:			
<ol style="list-style-type: none"> <li>1. Review and comment on designs of stratification</li> <li>2. Engage with gender specific concepts and its application in society</li> <li>3. To appreciate the linkages between environment and society</li> <li>4. Comprehend the impact of changing economy on society</li> </ol>			
<b>Lectures per week (1 Lecture is 60 minutes)</b>		<b>4</b>	
<b>Total number of Hours in a Semester</b>		<b>60</b>	
<b>Credits</b>		<b>4</b>	
<b>Evaluation System</b>	<b>Summative Assessment</b>	<b>2</b> <b>Hours</b>	<b>50 marks</b>
	<b>Cumulative Assessment</b>	<b>--</b>	<b>50 marks</b>

<b>UNIT 1</b> <b>Global</b> <b>Stratification</b>	1.1	Stratification in a Global Context: Ideology and social stratification
	1.2	Global Wealth and Poverty
	1.3	Race and Ethnicity in the Global Context



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

<b>UNIT 2 Gender and Society</b>	2.1	Gender Stratification: Gender Socialization, Gender Inequality, Gender Spectrum
	2.2	Patriarchy, Sexism and Feminism
	2.3	Gender and Social Institutions: Economy, Politics, Military. Violence, Education
<b>UNIT 3 Environment and Society</b>	3.1	Understanding the relation between environment and society: Problems, Threats, Sustainability
	3.2	Anthropocentrism and Declining biodiversity and its impact on society
	3.3	Global Climate Change and Climate Change Movements
<b>UNIT 4 Economy and Society</b>	4.1	Types of Economic Systems: Capitalism, Socialism, Democratic Socialism
	4.2	Industrial Revolution and Information Revolution
	4.3	Global Economy and Changing trends

**REFERENCES:**

1. Haralambos M and Heald (2009) Sociology Themes and Perspectives .New Delhi Oxford University Press
2. Julia Jary and David Jary (2005) Dictionary of Sociology Collins
3. Marshall Gordon. Dictionary of Sociology New Delhi Oxford University Press
4. Macionis, John (2005) Sociology (10th edition) Prentice Hall
5. Schaefer Richard TSociology A Brief Introduction (2006) sixth edition Tata McGraw Hill New Delhi
6. Schaeffer and Lamm (1998) Sociology (6th edition) McGraw Hill
7. Anthony Giddens ; Sociology , Third Edition.
8. C.W Mills ; The sociological Imagination, Fortieth Anniversary Edition.



SOPHIA COLLEGE FOR WOMEN (EMPOWERED AUTONOMOUS)

**For 4 Credit Papers (Major and Minor) – CA + SA = 100 marks**

**Continuous Assessment (CA) (50 marks)**

1. A minimum of two activities will be given in each semester.
2. Each will be for 25 marks.
3. The nature of the activities will be decided by the Examiner and may include Assignment/ MCQs/ Short notes and/or any other type of /combination of objective or descriptive type activity.
4. Learners will be informed about the marks they have got before the Summative Assessment.

**Summative Assessment (SA) (50 marks)**

Duration: 2 hours

1. The Question Paper will cover all four units of the syllabus.
2. There will be three mandatory questions:
  - Question I : Attempt any two out of four (30 marks)
  - Question II : Attempt any one out of three (10 marks)
  - Question III : Attempt any two out of four (10 marks)
3. In each question, each option will be from a different unit.

